

		8:30 9:00 AM	9:00 9:30 AM	9:30 10:00 AM	10:00 10:30 AM	10:30 11:00 AM	11:00 11:30 AM	11:30 AM 12:00 PM	12:00 12:30 PM	12:30 1:00 PM	1:00 1:30 PM	1:30 2:00 PM	2:00 2:30 PM	2:30 3:00 PM	3:00 3:30 PM	3:30 4:00 PM	4:00 4:30 PM	4:30 5:00 PM	
Monday	BSHND (1st Semester)	<u>Mr. Sikandar Sultan</u> MT100 : Basic Mathematics  E-101									<u>Ms. Sehrish Parveen</u> HN103 : Essentials of Food Science and Technology  C-403						<u>Mr. Manzoor Ahmad</u> HN102 : Fundamental of Human Nutrition E-102		
	BSHND (2nd Semester)							<u>Mr. Ilyas</u> SS108 (C) : Islamic Studies (Repeater) and BEng, BSPsy, BSRT, BSHND  C-002				<u>Mr. Jasim Ali</u> CS100 (G) : Introduction to Computing (BSVS, BSOT, BSHND) (LAB) GP LAB - 1							
	BSHND (3rd Semester)			<u>TBA (DEMO) - HND</u> HN204 : Food Microbiology (LAB)  Micro LAB										<u>Ms. Sadia Ghaffar</u> HN108 : Micronutrients in Human Nutrition  C-001					
	BSHND (4th Semester)	<u>Ms. Aman Gul</u> HN208 : Assessment of Nutritional Status  B-B02		<u>Ms. Sadia Ghaffar</u> HN301 : Dietetics-I (LAB)  HND LAB										<u>Ms. Aman Gul</u> HN304 : Meal Planning and Management  B-B01		<u>Mr. Khurram</u> HN305 : Public Health Nutrition (LAB)  HND LAB			
	BSHND (5th Semester)													<u>Mr. Muhammad Sajjad</u> MT210 (D) : Biostatistics I (BSVS, BSHND)  B-B02		<u>Ms. Aman Gul</u> HN302 : Nutrition and Psychology  B-B02			
	BSHND (6th Semester)				<u>Ms. Mavish Bashir</u> HN409 : Nutrition in Emergency  C-002		<u>Mr. Khurram</u> HN312 : Functional Food and Nutraceuticals  D-B04									<u>Ms. Mavish Bashir</u> HN402 : Global food issue  C-101			
	BSHND (7th Semester)	<u>Ms. Qurat ul Ain</u> HN403 : Research Method in Nutrition  C-101			<u>Ms. Mavish Bashir</u> HN409 : Nutrition in Emergency  C-002		<u>Ms. Sadia Ghaffar</u> HN415 : Nutrition Deficiency Disorders  C-101												
	BSHND (8th Semester)													<u>Ms. Sehrish Parveen</u> HN414 : Food Toxins and Allergens  D-B02		<u>Ms. Qurat ul Ain</u> HN405 : Nutrition Immunology  D-B03			

Break

		8:30 9:00 AM	9:00 9:30 AM	9:30 10:00 AM	10:00 10:30 AM	10:30 11:00 AM	11:00 11:30 AM	11:30 AM 12:00 PM	12:00 12:30 PM	12:30 1:00 PM	1:00 1:30 PM	1:30 2:00 PM	2:00 2:30 PM	2:30 3:00 PM	3:00 3:30 PM	3:30 4:00 PM	4:00 4:30 PM	4:30 5:00 PM
<b>Tuesday</b>	BSHND (1st Semester)					<u>Ms. Sehrish Parveen</u> HN103 : Essentials of Food Science and Technology (LAB)  HND LAB												
	BSHND (2nd Semester)	<u>Ms. Aman Gul</u> HN107 : Human Physiology I  C-002				<u>Mr. Manzoor Ahmad</u> HN104 : Food Safety And Quality Management  B-B02		<u>Ms. Aman Gul</u> HN107 : Human Physiology-I (BSHND) (LAB)  Micro LAB					<u>Ms. Sana Rabani</u> SS203 (B)/ENG104 : English-II/English Communication Skills  C-402		<u>Ms. Qurat ul Ain</u> HN205 : Human Molecular Genetics  C-001			
	BSHND (3rd Semester)			<u>Ms. Mavish Bashir</u> HN204 : Food Microbiology  C-102							<u>Ms. Sehrish Parveen</u> HN207 : Food Analysis  C-B03			<u>Mr. Khurram</u> HN109 : Macronutrients in Human Nutrition  C-002		<u>Ms. Qurat ul Ain</u> HN205 : Human Molecular Genetics  C-001		
	BSHND (4th Semester)												<u>Ms. Sadia Ghaffar</u> HN301 : Dietetics I  D-402		<u>Ms. Sadia Ghaffar</u> HN315 : Infant Young And Child Feeding (LAB)  HND LAB			
	BSHND (5th Semester)												<u>Mr. Manzoor Ahmad</u> HN303 : Nutritional Education and Awareness  D-B03		<u>Mr. Manzoor Ahmad</u> HN412 : Nutrition Policy and program  C-002			
	BSHND (6th Semester)	<u>Mr. Khurram</u> HN401 : Dietetics-III (LAB)  HND LAB											<u>Ms. Qurat ul Ain</u> HN314 : Sport Nutrition  D-306			<u>Mr. Khurram</u> HN401 : Dietetics III  D-306		
	BSHND (7th Semester)												<u>Ms. Sehrish Parveen</u> HN413 : Food Service Management  C-001		<u>Mr. Manzoor Ahmad</u> HN412 : Nutrition Policy and program  C-002			
	BSHND (8th Semester)																	

**Break**

		8:30 9:00 AM	9:00 9:30 AM	9:30 10:00 AM	10:00 10:30 AM	10:30 11:00 AM	11:00 11:30 AM	11:30 AM 12:00 PM	12:00 12:30 PM	12:30 1:00 PM	1:00 1:30 PM	1:30 2:00 PM	2:00 2:30 PM	2:30 3:00 PM	3:00 3:30 PM	3:30 4:00 PM	4:00 4:30 PM	4:30 5:00 PM	
<b>Wednesday</b>	BSHND (1st Semester)	<u>Mr. Sikandar Sultan</u> MT100 : Basic Mathematics  E-101									<u>Ms. Sehrish Parveen</u> HN103 : Essentials of Food Science and Technology  C-403			<u>Mr. Khurram</u> HN105 : Biochemistry-I (BSHND) (LAB)  HND LAB			<u>Mr. Manzoor Ahmad</u> HN102 : Fundamental of Human Nutrition  E-102		
	BSHND (2nd Semester)							<u>Ms. Qurat ul Ain</u> HN205 : Introductory Molecular Genetics (LAB)  HND LAB			<u>Ms. Sadia Ghaffar</u> HN108 : Micronutrients in Human Nutrition  C-001								
	BSHND (3rd Semester)							<u>Ms. Qurat ul Ain</u> HN205 : Introductory Molecular Genetics (LAB)  HND LAB					<u>Dr. Umaira Sattar</u> HN201/OT111 : General Pathology (HND,OT) (LAB)  HND LAB						
	BSHND (4th Semester)	<u>Ms. Aman Gul</u> HN208 : Assessment of Nutritional Status  B-B02		<u>TBA (DEMO) - HND</u> HN304 : Meal Planning and Management (LAB)  HND LAB									<u>Ms. Aman Gul</u> HN304 : Meal Planning and Management  B-B01			<u>Dr. Umaira Sattar</u> HN201/OT111 : General Pathology (HND,OT) (LAB)  HND LAB			
	BSHND (5th Semester)												<u>Mr. Muhammad Sajjad</u> MT210 (D) : Biostatistics I (BSVS, BSHND)  B-B02			<u>Ms. Aman Gul</u> HN302 : Nutrition and Psychology  B-B02			
	BSHND (6th Semester)				<u>Ms. Mavish Bashir</u> HN409 : Nutrition in Emergency  C-002			<u>Mr. Khurram</u> HN312 : Functional Food and Nutraceuticals  D-B04						<u>Ms. Mavish Bashir</u> HN402 : Global food issue  C-101					
	BSHND (7th Semester)	<u>Ms. Qurat ul Ain</u> HN403 : Research Method in Nutrition  C-101			<u>Ms. Mavish Bashir</u> HN409 : Nutrition in Emergency  C-002			<u>Ms. Sadia Ghaffar</u> HN415 : Nutrition Deficiency Disorders  C-101											
	BSHND (8th Semester)												<u>Ms. Sehrish Parveen</u> HN414 : Food Toxins and Allergens  D-B02			<u>Ms. Qurat ul Ain</u> HN405 : Nutrition Immunology  D-B03			

**Break**

		8:30 9:00 AM	9:00 9:30 AM	9:30 10:00 AM	10:00 10:30 AM	10:30 11:00 AM	11:00 11:30 AM	11:30 AM 12:00 PM	12:00 12:30 PM	12:30 1:00 PM	1:00 1:30 PM	1:30 2:00 PM	2:00 2:30 PM	2:30 3:00 PM	3:00 3:30 PM	3:30 4:00 PM	4:00 4:30 PM	4:30 5:00 PM	
<b>Thursday</b>	BSHND (1st Semester)																		
	BSHND (2nd Semester)	<u>Ms. Aman Gul</u> HN107 : Human Physiology I C-002				<u>Mr. Manzoor Ahmad</u> HN104 : Food Safety And Quality Management B-B02							<u>Ms. Sana Rabani</u> SS203 (B)/ENG104 : English-II/English Communication Skills C-402		<u>Ms. Qurat ul Ain</u> HN205 : Human Molecular Genetics C-001				
	BSHND (3rd Semester)			<u>Ms. Mavish Bashir</u> HN204 : Food Microbiology C-102									<u>Mr. Khurram</u> HN109 : Macronutrients in Human Nutrition C-002		<u>Ms. Qurat ul Ain</u> HN205 : Human Molecular Genetics C-001				
	BSHND (4th Semester)	<u>TBA (DEMO) - HND</u> HN208 : Assessment of Nutritional Status (LAB) HND LAB											<u>Ms. Sadia Ghaffar</u> HN301 : Dietetics I D-402						
	BSHND (5th Semester)							<u>Ms. Sehrish Parveen</u> HN311 : Dietetics-II (LAB) HND LAB						<u>Mr. Manzoor Ahmad</u> HN303 : Nutritional Education and Awareness D-B03		<u>Mr. Manzoor Ahmad</u> HN412 : Nutrition Policy and program C-002			
	BSHND (6th Semester)													<u>Ms. Qurat ul Ain</u> HN314 : Sport Nutrition D-306			<u>Mr. Khurram</u> HN401 : Dietetics III D-306		
	BSHND (7th Semester)													<u>Ms. Sehrish Parveen</u> HN413 : Food Service Management C-001		<u>Mr. Manzoor Ahmad</u> HN412 : Nutrition Policy and program C-002			
	BSHND (8th Semester)																		

**Break**

		8:30 9:00 AM	9:00 9:30 AM	9:30 10:00 AM	10:00 10:30 AM	10:30 11:00 AM	11:00 11:30 AM	11:30 AM 12:00 PM	12:00 12:30 PM	12:30 1:00 PM	1:00 1:30 PM	1:30 2:00 PM	2:00 2:30 PM	2:30 3:00 PM	3:00 3:30 PM	3:30 4:00 PM	4:00 4:30 PM	4:30 5:00 PM		
<b>Friday</b>	BSHND (1st Semester)	<u>Mr. Jasim Ali</u> CS100 (G) : Introduction to Computing (BSVS, BSOT, BSHND) C-202				<u>Mr. Khurram</u> HN105 : Biochemistry I D-106						<b>Break</b>		<u>Mr. Asfand Yar Khan</u> SS118 (E) : Pakistan Studies (BSRT BSHND) C-001						
	BSHND (2nd Semester)																			
	BSHND (3rd Semester)	<u>Mr. Jasim Ali</u> CS100 (G) : Introduction to Computing (BSVS, BSOT, BSHND) C-202				<u>Dr. Umaira Sattar</u> HN201 : General Pathology I C-202							<u>Ms. Sehrish Parveen</u> HN207 : Food Analysis (LAB) HND LAB							
	BSHND (4th Semester)	<u>Mr. Khurram</u> HN305 : Public Health Nutrition C-001				<u>Dr. Umaira Sattar</u> HN201 : General Pathology I C-202							<u>Ms. Sadia Ghaffar</u> HN315 : Infant Young And Child Feeding C-402							
	BSHND (5th Semester)	<u>Ms. Mavish Bashir</u> HN313 : Nutrition Through Social Protection C-101				<u>Ms. Sehrish Parveen</u> HN311 : Dietetics II B-Bo2														
	BSHND (6th Semester)	<u>Ms. Aman Gul</u> HN316 : Clinical Biochemistry (LAB) HND LAB				<u>Ms. Qurat ul Ain</u> HN314 : Sport Nutrition (LAB) HND LAB							<u>Ms. Aman Gul</u> HN316 : Clinical Biochemistry C-403							
	BSHND (7th Semester)																			
	BSHND (8th Semester)														<u>Ms. Mavish Bashir</u> HN416 : Food Supplement C-Bo2					